



# Ner Tamid Times

[www.CongregationNerTamid.org](http://www.CongregationNerTamid.org)

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## Cantor's Notes

Happy New Year to all. Our holiday season is fast approaching its conclusion. I do think it is particularly appropriate that we end the season with Simchat Torah, the joy of Torah.

We will finish reading D'varim (Deuteronomy) and then immediately begin reading from B'reishit (Genesis).

Finishing the Book of D'varim and beginning the Book of B'reishit is considered by some to be proof that Torah is to be our constant companion, and not a historical epic.

There is no better time than now, as we finish the final Book and begin the first Book again, to join us in our lively discussions on the meaning of Torah and the Nevi'im (prophets) and how these words apply to our 21<sup>st</sup> century world.

Please come join us each Saturday morning and discover the words that have kept the Jewish people alive through the centuries.

Ken Yihi Ratzon

Cantor Patti



## Prez's Menschen-ings

Thank you to everyone who were a part of the High Holy Days this year; Cantor Patti, our awesome Torah readers, Joel Goodman and Gudrun Raschan, all of those that participated in the services, Shuli French, Brittni Coe, Kathy Friedberg – our food queens, Cantor Patti and Jessica Miller - our Shofar virtuosos, everyone that brought all of the yummy delights for Break Fast, and all who were part of the Congregation. I hope that I didn't leave anyone out! A special thank you to everyone for your understanding of the last minute changes that we had due to the weather. And to Mr. T for his expertise in building an indoor Sukkah without much advance notice. We are a remarkable group, THANK YOU!!

Now that the Holidays have concluded, we settle back down to our regular schedule of Friday Night services, and Saturday morning Tanach Study, except when something else changes that! We will have Israeli and International Fold Dancing on Saturday, October 27<sup>th</sup>, at 7:30 PM. This will be preceded by Tanach Study at 5:30 PM, Havdalah and Bring your Own Dairy Dinner at 6:30 PM.

The Board is discussing starting a beginning Hebrew class in the near future. It will be led by Cantor Patti, Shuli French and Michael Bergel. The class would start with the basic Alaf- Bet and proceed from there. It would be open to members and non-members. Please let me know if you are interested, so that we can finalize our plans for it.

Remember to support our Community Service activities (see page 9). Please take advantage of the rewards programs with the Kroger Community Rewards (please note that we have a new number (IR048) that you will need to update), Tom Thumb Rewards, and the Amazon Smiles programs which help to support Ner Tamid.

**Come experience what sets Ner Tamid apart.  
Where you are more than just a name!**

Shalom,  
Randy

## Educational & Upcoming Events

- ☆ Monday, October 1<sup>st</sup>, 7:00 PM, Yizkor Service at CNT
  - ☆ Tuesday, October 2<sup>nd</sup>, 6:30 PM, BYODD, 7:30 pm Simchat Torah Service at Turners'
  - ☆ Saturday, October 27<sup>th</sup>, 5:30 PM, Tanach Study, followed by Havdalah, BYODD, 7:30 PM, Israeli Folk Dancing
- 
- ☆ Every Shabbat, 7:30 PM, Friday Night Services.
  - ☆ Every Shabbat 10:00 AM, Tanach Study.

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## Wanted!

- Stories
- Anecdotes
- Poems
- Quotes



Share your interests and points of view with the rest of us that we all may grow.

*Kathy & Daryl Friedberg, Editor's*  
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## Congregation Ner Tamid's CARE COMMITTEE



Congregation Ner Tamid's CARE COMMITTEE brings a "neighbor helping neighbor" approach to providing aid and support to congregants who need help during difficult times. We offer help with cooking because of illness or accidents; and provide assistance to families in mourning or with other special needs.

If you know of an individual, or family, in the C-N-T community who can use our assistance, or if you want to join our team, please e-mail: KAThy Friedberg at: [KAT@CongregationNerTamid.org](mailto:KAT@CongregationNerTamid.org)

## ONEG SHABBAT GUIDELINES

☆ If you are unable to provide Oneg on your assigned date, please find a replacement for yourself or feel free to send in a donation or drop items off beforehand. Thank you!

**When providing Oneg, please keep the following guidelines in mind:**

- An inexpensive, small centerpiece would be appreciated. Vases will be provided for flowers.
- Oneg suggestions include a sheet cake or two dozen cookies as well as fruit, nuts, trail mix or vegetables.
- Juice and wine will be provided.
- Paper products and silverware will be provided.
- Set up should be done before Services, but, if necessary, can be done **quietly** during Services.
- Clean up includes emptying trash cans, sweeping and mopping floors, washing and putting away all items used, and wiping down countertops.

If you are aware of a special occasion [anniversary, birthday, graduation, etc.] and would like to provide Oneg on a date not scheduled for yourself, please feel free to contact the Oneg provider scheduled and make arrangements with them. [Kat@CongregationNerTamid.org](mailto:Kat@CongregationNerTamid.org)



The Harlan S. Friedberg Memorial Yahrzeit Plaque is a thoughtful way to remember loved ones who have departed from us but will never be forgotten.

Memorial Plates, each with a light to be illuminated for the Yahrzeit, are available that can be inscribed with up to three lines of personal engraving which may include the departed's name, Hebrew name, if desired, and the Hebrew and Gregorian dates.

The cost of each Memorial Plate is \$180.00. The ten times Chai will provide for the continued funding of additional Memorial Yahrzeit Plaques, as they become necessary, as well as the cost of the individual Memorial Plates and engraving.

If you have someone's name that you would like to have placed on the Yahrzeit Plaque, please contact Randy Friedberg or any member of the Board. Much as the Mourner's Kaddish is a spiritual reaffirmation to the goodness of life, so shall these Memorial Plates be a visual reaffirmation and tribute to the goodness of our loved one's lives.



# Kosher Fusion

by Shuli



## Food for (thoughts) Face...

Since fall is looming just around the corner, it's time to start thinking about cold-weather skin care. The cooler weather and drop in humidity takes a toll on our skin, leaving our skin dry and lifeless. These homemade face masks are perfect to revive your skin, leaving it feeling soft and moisturized. Take a look below on how you can create your own mask with ingredients you already have in your pantry/fridge! Article from: [www.brit.co](http://www.brit.co)

**Warning: Always test the mask on a small portion of the skin to test for allergic reactions. If allergy-free, apply a layer of the mask to your face.**

### 1. Moisturizing Avocado Face Mask:

Don't toss your avocados when they turn that icky brown—instead, use those leftovers in this moisturizing face mask. Regardless of the color, creamy avocados will help moisturize dry skin. ([bustle.com](http://bustle.com))

#### Benefits:

Avocados are packed with antioxidants and vitamins that add deep hydration and moisture into your skin. Similarly, olive oil and aloe vera have the same effect.

#### Ingredients:

- 1/2 avocado, mashed
- 1 teaspoon of olive oil
- 1 teaspoon of aloe vera

#### Application:

For this mask, it's very important to mash up the avocado. This mask is pretty messy on its own, but big chunks of avocado make it even worse since they won't stick to your face. You'll definitely want to apply this mask over a sink or a bowl. However, once this stuff sticks to your face, it does absolute wonders. After ten

minutes, rinse with warm water.

### 2. Honey and Banana Face Mask:

Make your morning toast jealous with this sweet face mask. A combo of honey and mashed banana will leave your skin soft and radiant. (via [Sincerely, Kinsey](http://Sincerely, Kinsey))

#### Benefits:

The banana is to help soothe dry, irritated skin. The honey is beneficial in so many ways, but the main reason I chose honey as the main ingredient is because it helps replenish your skin from the harshness of every day life, including time spent in the sun. The cinnamon is a nice touch to fight blemishes and open your pores.

#### Ingredients:

- 1/2 banana
- 2 tbsp raw honey
- 1/2 tsp of cinnamon

#### Application:

Begin by mashing the half banana in a bowl with a wooden spoon. Once you've created a smooth, consistent texture, mix in the honey and cinnamon. To apply, start with a freshly cleaned face. Gently apply the mask with your fingers, and leave it on for 30 minutes. After 30 minutes, gently rinse and wash your face with a simple facial cleanser. Keep the mask in a sealable container. Refrigerate after use.

### 3. Moisturizing Orange Face Mask:

Forget the bronzer; this orange face mask is the way to go for an all natural glow. Fresh squeezed O.J. packs a moisturizing punch that your skin will love. (via [Food + Words](http://Food + Words))

#### Benefits:

Orange is beneficial for cleaning the clogged skin pores and good in prevention of acne, pimples, wrinkles and fine lines. The vitamin C also prevents free radi-

*(Kosher Continued on page 7)*

## Inside this issue:

Anniversaries & Birthdays	8
Book Review	7
Calendars	5-6
Cantor's Notes	1
Care Committee	2
Community Service	9
Congregation Contacts	2
Donations	9
Educational & Upcoming Events	1
Future Planning	3
Kosher Fusion	3
Mazel Tov Corner	3
Membership	10
Mission Statement	10
Oneg Shabbat Guide	2
President's Message	1
Weekly Torah Portion Summary	4
Yahrzeits	8

An Inspirational Thought  
From *Mia Sherwood Landau*, A Friend of  
CNT

I am the only one who  
can pray from my soul.  
Nobody else can do that  
for me, or instead of me.  
My prayers are my  
unique contribution to  
life, and the ultimate  
value I add to this world.

- Mia Sherwood Landau

My soul longs to be heard. I need to hear the  
sound of my own soul more often.

The truth is, I rarely hear the sound of my  
soul unless I am praying or singing.

Once in a while, I hear the sound of my soul  
in a meaningful conversation with a friend. I  
have begun to listen carefully for it.

My soul is speaking primarily to me.

## Future Planning



- 10/1 Yizkor
- 10/2 Simchat Torah
- 10/27 Israeli Folk Dancing
- 11/30 Fifth Friday
- 12/2 First Night Chanukah
- 12/7 Chanukah Celebration

## Mazel Tov Corner

- ☆ Dr. Michael Bergal and Dr. Tina Gumienny received a \$130,000 NIH/NIA grant (R03) for two years. The project funded is titled "Chromatin Condensation as a DNA Protective Response to UV Radiation in Human Melanocytes and Aging C. elegans."
- ☆ Geoff Allison - Lead Composer in Series Visual Effects for Tom Clancy's Jack Ryan (2018)

# Weekly Parshas

## Bereshit Genesis 1:1- 6:8

The *Torah* opens with the story of the creation of the world by God in six days,

culminating in the formation of the human beings on day six and the inauguration of *Shabbat* on day seven.

This numerical narrative is followed by the story of the Garden of Eden, in which one human being – Adam – is created initially, and the “Garden” and other life forms thereafter. Finding no suitable mate among the animals for Adam, God fashions Eve from one of Adam’s ribs. We learn of two special trees within the Garden from which Adam and Eve are not permitted to eat; when they do, it results in their expulsion from Paradise (in Hebrew, *pardes* is a garden) and their mortality.

We learn subsequently of the birth of Cain and Abel, and the enmity between the two brothers, which leads to Abel’s murder and Cain’s banishment. A third son, Seth, is born to Adam and Eve.

The *sidra* concludes with a genealogical list that spans ten generations. The stage is set for the story of Noah and the flood, with a final comment about the sinful nature of human beings and God’s regret in having created them.

## Noach Genesis 6:9 - 11:32

At the end of *Bereshit* we are informed of the wickedness of human beings – with the exception of Noah, who found grace in God’s eyes.

God instructs Noah to build an ark in which he and his family and pairs of all the animals will escape the flood that will destroy the earth. Heavy rains fell continuously for forty days, completely covering the earth. It took five months for the waters to subside and for the ark to come to rest. Noah sent birds from the ark at regular intervals to determine if the land was dry. When the third bird did not return, he knew it was time to leave the ark.

Noah offered sacrifices to God, and God made a covenant promising never again to destroy the world by flood. The rainbow is the symbol of this covenant. Noah’s family received blessings similar to those bestowed on Adam and Eve for populating the earth anew and for dominion over all creatures.

Noah planted a vineyard,

harvested its grapes, steeped them and became intoxicated from drinking wine. Unclothed and asleep in his tent, his son Ham tells his brothers, Shem and Yaphet, of their father’s condition. The latter two cover their father, earning a blessing, while Ham is condemned for his disrespect. (This incident foreshadows what is to come for the future generations and peoples who will descend from the three brothers.)

The re-population of the earth and the unity of all its inhabitants lead the people to build a city and a tower as a celebration of their unity and power, and to prevent their dispersal. This displeased God, whose desire it was that human beings should inhabit the entire earth. God therefore creates disunity among the builders by causing a multiplicity of languages to emerge, leading to confusion. In Hebrew, *BLL* is confusion – hence the name Tower of Babel (*BBL*).

Once again, ten generations are enumerated, taking us from Noah to Abram.

## Lech-Lecha Genesis 12:1 - 17:27

At the close of Noah, Abram was introduced briefly as the son of Terach, a man who has journeyed from his home in Ur to Haran. This week God commands Abram to begin a journey of his own from Mesopotamia to Canaan, where his descendants will become a nation in their own right. He embarks on this mission without hesitation, taking along his wife Sarai, his nephew Lot and other members of his household. Upon his arrival in Shechem, God promises the Land of Canaan to Abram’s progeny.

A severe famine compels Abram and Sarai to travel to Egypt, where, at Abram’s suggestion, Sarai is identified as Abram’s sister and taken into Pharaoh’s house. Pharaoh and his court are stricken by a mysterious illness, the truth about Abram and Sarai is revealed, and the couple is sent away.

Five kings of small, southern Canaanite cities revolt against the King of Elam. Abram comes to the aid of these kings because his nephew Lot has settled among them and has been taken hostage. Abram and the men of his household rout the King of Elam and his allies, earning a blessing from Melchizedek, King and Priest of Shalem (Jerusalem).

In a vision, God promises Abram an heir and foretells of the bondage in Egypt and the Exodus. Still childless, Sarai gives Abram her handmaid, Hagar, who bears him a son, Ishmael. A subsequent vision confirms that Abram



Photo by Cary H. Miller

and Sarai will have a child of their own, that their names will now be Abraham and Sarah, and that all males in their community must be circumcised as a token of this covenant on the eighth day of their lives. Abraham, Ishmael and all the other males of the household undergo circumcision.

## Veyera Genesis 18:1 - 22:24

Three strangers/messengers journey past Abraham’s tent site. They are invited in and treated most hospitably. They announce the forthcoming birth of a son to Abraham and Sarah; Sarah reacts with extreme disbelief and is quickly reprimanded for her incredulity.









As the strangers/messengers depart, God informs Abraham of the impending destruction of the wicked cities of S’dom and Amarah. Abraham pleads with God to spare all the inhabitants for the sake of the few righteous among them, but not even ten are to be found.










Two of the messengers arrive in S’dom to rescue Abraham’s nephew Lot and his family. Lot demonstrates a similar hospitality to Abraham’s in greeting them and in trying to protect them from the other residents, who seek to molest them. Lot and his family escape to Zoar, but not before Lot’s wife, turning back to view the destruction, is stricken and turned into a pillar of salt. Lot’s daughters, believing themselves to be the last people on earth, drug their father with wine and seduce him. The resulting offspring are the patriarchs of the Moabites and Ammonites.

Abraham and Sarah journey briefly to Gerar, where once again Sarah is introduced as Abraham’s sister. As in an earlier episode in Egypt, the consequences are disastrous.

Sarah, at age ninety, gives birth to Isaac. At the celebration marking Isaac’s weaning, Ishmael acts improperly; this incident leads to the banishment of

(*Parsha* Continued on page 8)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 TISHREI 22 <u>Shmini Atzeret</u> שמיני עצרת 7:00 PM Yizkor Service @ CNT	2 TISHREI 23 <u>Simchat Torah</u> שמחת תורה 6:30 PM BYODDinner 7:30 PM Simchat Torah Service @ Turner's	3 TISHREI 24	4 TISHREI 25	5 TISHREI 26 7:30 PM Services: <u>Cantor Patti Turner</u> Oneg: <u>Bobbi &amp; Joel Goodman</u>  6:47 PM	6 TISHREI 27 Parshat: <u>Bereshit</u> בראשית Genesis 1:1 - 6:8 10:00 AM <u>Tanakh Study</u>  7:22 PM (18 min)
7 TISHREI 27 <u>Board Meeting</u> 10:00 AM	8 TISHREI 28 <u>Columbus Day</u> (observed)	9 TISHREI 29	10 CHESHVAN 1 <u>Rosh Chodesh Cheshvan</u> ראש חודש חשוון	11 CHESHVAN 2	12 CHESHVAN 3 7:30 PM Services: <u>Randy Friedberg</u> Oneg: <u>Carolyn Jobe</u>  6:39 PM	13 CHESHVAN 4 Parshat: <u>Noach</u> נח Genesis 6:9 - 11:32 10:00 AM <u>Tanakh Study</u>  7:13 PM (18 min)
14 CHESHVAN 5	15 CHESHVAN 6	16 CHESHVAN 7	17 CHESHVAN 8	18 CHESHVAN 9	19 CHESHVAN 10 7:30 PM Services: <u>Cantor Patti Turner</u> Oneg: <u>Judy &amp; Harv Judelson</u>  6:30 PM	20 CHESHVAN 11 Parshat: <u>Lech Lecha</u> לך-לך Genesis 12:1 - 17:27 10:00 AM <u>Tanakh Study</u>  7:05 PM (18 min)
21 CHESHVAN 12	22 CHESHVAN 13	23 CHESHVAN 14 <u>NEWSLETTER DEADLINE</u>	24 CHESHVAN 15	25 CHESHVAN 16	26 CHESHVAN 17 7:30 PM Services: <u>Cantor Patti Turner</u> Oneg: <u>Kathy &amp; Randy Friedberg</u>  6:23 PM	27 CHESHVAN 18 Parshat: <u>VaYera</u> וירא Genesis 18:1 - 22:24 5:30 PM <u>Tanakh Study, Havdalah</u> 6:30 PM <u>Bring Your Own Dinner</u> 7:30 PM <u>Israeli/International Folk Dancing</u>  6:58 PM (18 min)
28 CHESHVAN 19	29 CHESHVAN 20	30 CHESHVAN 21	31 CHESHVAN 22			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 CHESHVAN 23	2 CHESHVAN 24 7:30 PM Services: <u>Cantor Patti Turner</u> Oneg: <u>Janet Lattanzi</u>  5:15 PM	3 CHESHVAN 25 Parshat: <b>Chayei Sara</b> פרשת חיי שרה <b>10:00 AM Tanakh Study</b>  5:50 PM (18 min)
4 CHESHVAN 26 Daylight Savings Time Ends	5 CHESHVAN 27	6 CHESHVAN 28 Election Day	7 CHESHVAN 29	8 CHESHVAN 30	9 KISLEV 1 <u>Rosh Chodesh Kislev</u> <u>ראש חודש כסלו</u> 7:30 PM Services: <u>Brittni Coe</u> Oneg: <u>Marilynn Lepley</u>  5:20 PM	10 KISLEV 2 Parshat: <b>Toldot תולדות</b> Genesis 25:19 - 28:9 <b>10:00 AM Tanakh Study</b>  5:55 PM (18 min)
11 KISLEV 3 <b>Veteran's Day</b>	12 KISLEV 4	13 KISLEV 5	14 KISLEV 6	15 KISLEV 7	16 KISLEV 8 7:30 PM Services: <u>Cantor Patti Turner</u> Oneg: <u>Shelley Allison</u>  5:27 PM	17 KISLEV 9 Parshat: <b>VaYetze ויצא</b> Genesis 28:10 - 32:3 <b>10:00 AM Tanakh Study</b>  6:01 PM (18 min)
18 KISLEV 10	19 KISLEV 11	20 KISLEV 12	21 KISLEV 13 <u>NEWSLETTER DEADLINE</u>	22 KISLEV 14 <b>Thanksgiving Day</b>	23 KISLEV 15 7:30 PM Services: <u>Cantor Patti Turner</u> Oneg: <u>Jessica &amp; Cary Miller</u>  5:33 PM	24 KISLEV 16 Parshat: <b>VaYishlach וישלח</b> Genesis 32:4 - 36:43 <b>10:00 AM Tanakh Study</b>  6:08 PM (18 min)
25 KISLEV 17	26 KISLEV 18	27 KISLEV 19	28 KISLEV 20	29 KISLEV 21	30 KISLEV 22 7:30 PM 5 <sup>th</sup> Friday - TBA Oneg: <u>Kathy &amp; Randy Friedberg</u>  5:40 PM	

(Kosher Continued from page 3)

cal and provides freshness to your skin. Oatmeal has rich anti-oxidant properties and helps undo damage done to your skin by pollution, UV rays and chemicals.

#### Ingredients:

1/2 cup steel-cut oatmeal (you can substitute instant unflavored oatmeal)  
juice from 1 whole orange  
3 tablespoons plain yogurt with active cultures (Greek yogurt is great for this!)  
2 tablespoons honey  
2 teaspoons dried orange peel (found in the spice aisle of most grocery stores)

#### Application:

Combine all ingredients in a small bowl. Stir until well-mixed and combined. You're looking for a consistency that is thick, but not too runny so it will stay on your face. You can always add extra oatmeal to thicken. Spread onto your freshly washed and dried face in an even layer, being careful to avoid the eye area. Leave on for 15-30 minutes. Rinse this mask off with warm water. Store any leftover mask in an airtight container in the fridge for up to one week.

#### 4. Pumpkin Mask:

It is pumpkin season so we just had to include this recipe for a pumpkin face mask. Full of vitamins, antioxidants and many more skin-loving nutrients. (via Petit Elephant)

#### Benefits:

Pumpkin is filled to the brim with vitamin C, vitamin E, vitamin A, zinc, beta carotene, antioxidants and potassium. It naturally exfoliates, soothes irritation + redness, calms breakouts and makes the skin brighter.

#### Ingredients:

1/4 cup pureed pumpkin  
1 egg  
1 tablespoon honey  
1 tablespoon milk

#### Application:

Whip it all up in a bowl. Apply a layer of the mask all over your face, avoiding eyes + mouth. The pumpkin mask goes on so much better if you apply with an art brush, but you could use a spoon in a pinch. I warmed the mixture for a few seconds in the microwave so it wouldn't be freezing on the face, but the temperature is really up to you. Let the mask dry completely and crackly, or about 20 minutes. Wash with warm water and you're done.

**Voila! Like magic you'll have more beautiful skin and you will taste good too ☺**

Bête Avon,  
Shul' French



## Book Review

by Carolyn Jobe



### NON-FICTION

#### **Liberty's First Crisis: Adams, Jefferson, and the Misfits Who Saved Free Speech - by Charles Slack**

I found it easy to get some of the people (and their party affiliations) mixed up at times, but that's not as important as keeping the "free speech" issue clear. Author brings out the sedition issue in ways that are scarily similar to today's political climate. The summation at the end is magnificent - pointing out that freedom, with all its interpretations, is essentially a very messy business.

#### **The Newcomers: Finding Refuge, Friendship and Hope in an American Classroom - by Helen Thorpe**

Wonderful book! Teenage refugees from fifteen countries are in an English language class in a Colorado high school. It's a true melting pot. Few know more than a handful of English words, and few speak any of the other students' languages. This tells how refugees strive to become independent citizens. A most moving book.

#### **Florence! Foster!! Jenkins!!! The Life of the World's Worst Opera Singer - by Darryl Bullock**

Usually, a movie is not as good as the book from which it was adapted. Unfortunately, in this case the opposite is true - this was a complete waste of time. The subject was interesting, but the writer was sorely lacking in the ability to create a story. Ms. Jenkins was probably a much more interesting person than how she was portrayed in the book. Poor writing sank what could have been a fascinating read.

#### **The Sphinx: Franklin Roosevelt, the Isolationists, and the Road to World War II - by Nicholas Wapshott**

Really good book about the roadblocks thrown up by the America Firsters that nearly kept the U.S. out of World War II. Loved the final two sentences in the author's ac-

knowledgments: "Had a less brilliant and persuasive leader been at the helm of the United States at this critical turning point in history, this story would have had a tragic outcome. And it would most likely have been written in German."

### FICTION

#### **What it Means When a Man Falls from the Sky - by Lesley Nneka Arimah**

This is a collection of short stories from a very talented author. Each story is unique - some are sort of science-fiction-y, some are focused on the issues of mothers and daughters, others don't fit into any category. There were a couple of stories I didn't like, but on the whole I think this is an author with incredible talent.

#### **Djinn City - by Saad Z. Hossain**

Not quite sure what to write about this - it was either wildly imaginative or totally weird. Book jacket mentions Arabian mythology. I spotted several more influences - the Hebrew scriptures, the Koran, Christian scriptures, Harry Potter, Doctor Who, evolution vs creationism, Arthurian legend - and those are just some of them. I definitely thought there was too much violence and it was a little too long. On the plus side there were some very funny lines.

#### **Uncommon Type - by Tom Hanks**

Yes, *that* Tom Hanks! A collection of mostly unrelated short stories that all feature a typewriter. Somewhat uneven, but a good read on the whole.

#### **The Hellfire Club - by Jake Tapper**

This turned out to be pretty good! A little bit of *Mr. Smith Goes to Washington*, a small touch of *Advise and Consent*, and then it became really good. I sort of wished it had been longer, but maybe his next will be more leisurely.

We are told in Proverbs,  
"The soul of a person is the  *Candle*  of God."

## Yahrzeits



### SEPTEMBER

29 - Billie Lewis, Aunt of Carolyn Jobe

### OCTOBER

- 1 - Ray Freed, Grandmother of ID Freed
- 1 - Abe G. Gould, Step-Father of Harvey Weisblat
- 2 - Stanley Gilbert, Father of Shelley Allison, H 23 Tishri
- 9 - Harold B. Schwartz, Father of Kathy Friedberg
- 17 - Bella Dempsey, Great Aunt of Shelley Allison, H 08 Heshvan
- 17 - Irwin Goodman, Father of Joel & Sheldon Goodman
- 18 - Mae Shusman, Grandmother of Dr. Suzy Smith
- 19 - Hilda Pritsker
- 19 - Philip Turner, Son of Ray Turner
- 20 - Robert D Moon, Father of Robby Moon
- 24 - Mac Spritzer (Menachem Mendel ben Shlomo Salman), Father of Larry Spritzer, H 15 Heshvan
- 30 - Edwin L. Putman, Grandfather of Nathaniel & Beau Putman
- 31 - Bernie Freed, Father of ID Freed

### NOVEMBER

- 6 - Fran Goodman, Mother of Joel & Sheldon Goodman
- 6 - Max Kaufman, Grandfather of ID Freed
- 8 - Jason Grant, Brother of Brittni Coe
- 22 - David Feigenbaum, Brother-in-Law of Kathy Friedberg
- 25 - Ruth Azelle Turner, Mother of Ray Turner



## Anniversaries

### OCTOBER

- 4 - Jessica & Cary Miller, 25 Tishre
- 18 - Brittni & A.J. Coe
- 18 - Kathy & Randy Friedberg
- 23 - Mardi & Robby Moon

### NOVEMBER

- 5 - Rachel & Spencer Thompson
- 18 - Delaina & Josh Clark



## Birthdays

### SEPTEMBER

29 - Jon Turner

### OCTOBER

- 2 - Hanna Clark
- 2 - Zachary Hardwin
- 12 - Danielle Johnson
- 13 - Joel Goodman
- 14 - Shuli French
- 17 - Karen Briscoe
- 19 - Harvey Judelson
- 19 - Ellie Putman
- 30 - Betsy Cook

### NOVEMBER

- 2 - Ashby Turner
- 3 - Tenley Gillian
- 5 - Greg Geltmeier
- 6 - Jessica Miller
- 6 - Kevin Turner
- 11 - Nancy Myers
- 11 - Allie Putman
- 16 - Taylor Robinson
- 16 - Samantha Allison
- 20 - Maci Geltmeier
- 20 - Kali Putman
- 22 - Debra Shore
- 25 - Corbin Putman

## NEED A GREETING CARD?

Send a family member/friend a greeting card and help fund C-N-T.

Greeting cards, for any occasion, will be made up and sent out quickly.

Just make a monetary donation to C-N-T, to whatever fund you wish, and send the information to: **KAThy Friedberg** at

[KAT@CongregationNerTamid.org](mailto:KAT@CongregationNerTamid.org)

(Parsha Continued from page 4)

Ishmael and his mother, Hagar.

Some years later, God commands Abraham to offer his only son Isaac as a sacrifice; Abraham complies unflinchingly. At the last second a divine voice calls out, sparing Isaac. A ram is offered in his stead.

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## TRIBUTES 5778

Cut out and mail with contribution to Congregation Ner Tamid, P.O. Box 112772, Carrollton, Texas 75011-2772.

### My Contribution to Ner Tamid

\_\_\_ in memory of \_\_\_ in honor of \_\_\_ honoring the Yahrzeit of \_\_\_ speedy recovery of \_\_\_ in appreciation of

Honoree: \_\_\_\_\_ Fund: \_\_\_\_\_

Name: \_\_\_\_\_ Contribution: \$ \_\_\_\_\_

Signed (optional): \_\_\_\_\_

Contributions are gratefully accepted for the following funds. Acknowledgments will be published monthly.

- |   |   |   |
|---|---|---|
| <ul style="list-style-type: none"> <li>☆ <b>Rabbinic Fund</b></li> <li>☆ <b>Building Fund</b></li> <li>☆ <b>Ark Fund</b> – Maintains and/or remodels the Ark.</li> <li>☆ <b>Torah Fund</b>—Repair our Torah &amp; acquire another Torah</li> <li>☆ <b>Prayer Book Fund</b></li> <li>☆ <b>Rabbi's Discretionary Fund</b> – Distributes funds to individuals, community causes or worthy institutions as determined by the Rabbi.</li> <li>☆ <b>Religious School Fund</b></li> <li>☆ <b>Temple Beautification Fund</b></li> </ul> | <ul style="list-style-type: none"> <li>☆ <b>Caring Congregation Fund</b> – Supports programs of caring for our members and Community.</li> <li>☆ <b>Temple Endowment Fund</b> – Supports the general programs and events of the Temple.</li> <li>☆ <b>Harlan S. Friedberg Memorial Fund</b> – Maintains and adds to the Yahrzeit Plaque.</li> <li>☆ <b>Lee Mirowitz Memorial Fund</b> – Provides educational computer software.</li> <li>☆ <b>Marilyn &amp; I. D. Freed Study Center Fund</b> – Provides for enhanced study opportunities.</li> <li>☆ <b>Maimonides Fund</b> – for members in dire need.</li> </ul> | <ul style="list-style-type: none"> <li>☆ <b>General Fund</b> – Supports the administrative costs of the Temple, i.e. Rabbi, facility maintenance, etc.</li> <li>☆ <b>Bertha Kurzban Music Fund</b> – provides for the Congregations needs in all areas involving music.</li> <li>☆ <b>Cantor's Discretionary Fund</b> – Distributes funds to individuals, community causes or worthy institutions as determined by the Cantor.</li> </ul> |
|---|---|---|

- ☆ Please add our **Tom Thumb Rewards number, 2740**, to your rewards card and shop at **Tom Thumb!**
- ☆ Please shop Amazon at [www.smile.amazon.com](http://www.smile.amazon.com) and designate Congregation Ner Tamid as your charity.
- ☆ Please add our **NEW Kroger Community Rewards number, IR048**, to your rewards card.

## Donations have been received to the:

Harlan S. Friedberg Memorial Fund from:  
Anonymous

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆

Bertha Kurzban Music Fund from:  
Prager Family for the High Holy Days  
Prager Family In Memory of Jessica Miller's Brother, Richard Wilharm  
Anonymous

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆

General Fund from:  
Friedberg Family in Memory of Jessica Miller's Brother, Richard Wilharm

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆

Cantor's Discretionary Fund from:  
Anonymous

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆

High Holy Day Donation from:  
Shelley Allison  
Carolyn Jobe

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆

## Community Service



Please support our on-going Community Mitzvah Projects:

- ☆ Collect staple food items, coats and blankets for Jewish Family Service (contact Randy Friedberg)
- ☆ Collect manufacturer coupons for Military bases overseas (contact Marilyn Lepley)
- ☆ Donation bottles for a variety of community & outreach service organizations.
- ☆ Donate cell phones, tablets, MP3 players to Cell Phones For Soldiers. A box is available at Temple. Check out [www.cellphonesforsoldiers.com](http://www.cellphonesforsoldiers.com)

Misheberach  
Blessing of Healing

*The Friedberg / Moon families wish Refuah Shlema  
~ complete healing to all who need healing and /or  
prayers.*